

## Managing a Lionfish Sting While Diving



- Remain calm.
- Allow small punctures to bleed.
  - This may decrease venom load.
- Notify the dive leader and/or your buddy.
- Safely end your dive.
  - Perform a normal ascent rate, safety stop and any deco obligation.
- Provide first aid.



## DAN Emergency Hotline +1-919-684-9111



## Surface First Aid Guidelines

- Rinse wound with clean water.
- Remove any obvious foreign material.
- Control bleeding if needed.
- Soak wound in non-scalding hot water for 30 minutes.
  - First test the hottest water you can tolerate on yourself in the same area.
- Monitor vital signs while en route to professional medical evaluation.
  - Life-threatening complications are rare but may occur.